October 2024 Medical Policy Updates

BlueCross BlueShield of South Carolina and BlueChoice HealthPlan frequently revise the medical policies we use to make clinical determinations for a member's coverage. Here are medical policies that have been updated or newly added. A revision history for each policy is included. Please visit the Medical Policies pages of www.SouthCarolinaBlues.com and www.BlueChoiceSC.com regularly to stay informed of these changes and to read any policy in its entirety.

| Policy Number | Policy Name | Recent Changes |
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| CAM 151 | Quantose Impaired Glucose Tolerance (IGT) Test | ARCHIVED |
| CAM 264 | Vectra DA Blood Test for Rheumatoid Arthritis | ARCHIVED |
| CAM 201108 | High Intensity Laser Therapy for Chronic Musculoskeletal Pain Conditions and Bell's Palsy | ARCHIVED |
| CAM 90323 | Intravitreal and Intracanalicular Corticosteroid Implants | Reformatting policy verbiage to be brand name neutral. No other changes to policy intent. |
| CAM 20143 | Chronic Intermittent Intravenous Insulin Therapy (CIIIT) | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 20191 | Peroral Endoscopic Myotomy for Treatment of Esophageal Achalasia | Interim review adding policy statement: Gastric peroral endoscopic myotomy is investigational and unproven and therefore considered not medically necessary as a treatment for gastroparesis. Also updating Rationale and References. |
| CAM 30301 | Digital Health Technologies: Diagnostic Applications | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 80106 | Oncologic Applications of Photodynamic Therapy, Including Barrett Esophagus | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 80157 | Baroreflex Stimulation Devices | Annual review, no change to policy intent. |
| CAM 80159 | Intensity-Modulated Radiotherapy: Central Nervous System Tumors | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 90312 | Ocular Photoscreening in the Primary Care Physician's Office as a Screening Tool To Detect Amblyogenic Factors | Annual review, no change to policy intent. |
| CAM 100105 | Ambulance and Medical Transport Services | Annual review, No change to policy intent. |

| CAM 701158 | Balloon Dilation of the Eustachian Tube | Interim review to add "or" in the bullet points related to abnormal tympanogram (type B or C) and Abnormal tympanic membrane (retracted membrane, effusion, perforation, or any other abnormality identified on exam). |
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| CAM 385 | Orthopedic Implants | Annual review, no change to policy intent. |
| CAM 10128 | Postsurgical Home Use of Limb Compression Devices for Venous Thromboembolism Prophylaxis | Adding E0683 |
| CAM 20138 | Transesophageal Endoscopic Therapies for Gastroesophageal Reflux Disease | Annual review, no change to policy intent. Updating guidelines. |
| CAM 20153 | Biofeedback for Miscellaneous Indications | Annual review, no change to policy intent. Updating regulatory status, rationale and references. |
| CAM 20183 | Interventions for Progressive Scoliosis | Adding L1006 effective 10/01/2024 |
| CAM 40119 | Laparoscopic, Percutaneous and Transcervical Techniques for Uterine Fibroids Myolysis | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 50116 | Intravenous Anesthetics for the Treatment of Chronic Pain and Psychiatric Disorders | Adding J2002, J2003, J2004, and Delete J2001 |
| CAM 60118 | Scintimammography and Gamma Imaging of the Breast and Axilla | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 701105 | Balloon Ostial Dilation for Treatment of Chronic and Recurrent Acute Rhinosinusitis | Annual review, no change to policy intent. Updating regulatory status, rationale and references. |
| CAM 701149 | Amniotic Membrane and Amniotic Fluid | Adding codes Q4334-Q4345 |
| CAM 70195 | Radiofrequency Ablation of Miscellaneous Solid Tumors Excluding Liver Tumors | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 80102 | Chelation Therapy for Off-Label Uses | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 80158 | Intracavitary Balloon Catheter Brain Brachytherapy for Malignant Gliomas or Metastasis to the Brain | Annual review, no change to policy intent. Updating rationale and references. Updating code E0721 & A4543 |
| CAM 109 | Preventive Services for Non-Grandfathered (PPACA) Plans: Immunizations | Updated 90656 verbiage |
| CAM 307 | Testing for Colorectal Cancer Management | Annual review, adding new coverage statement #4 for clarity and consistency. Updating note to direct reader to CAM 235. Also updating rationale, references, and the last entry in the table of terminology. |

| CAM 20219 | Catheter Ablation as Treatment for Atrial Fibrillation | Annual review, no change to policy intent. |
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| CAM 80145 | Intracavitary Balloon Catheter Brain Brachytherapy for Malignant Gliomas or Metastasis to the Brain | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 20179 | Non-Contact Ultrasound Treatment of Wounds | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 60133 | Wireless Capsule Endoscopy for Gastrointestinal (GI) Disorders | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 70114 | Open and Thoracoscopic Approaches To Treat Atrial Fibrillation and Atrial Flutter (Maze and Related Procedures) | Annual review, no change to policy intent. Updating references. |
| CAM 70172 | Percutaneous Intradiscal Electrothermal Annuloplasty, Radiofrequency Biacuplasty | Interim review to remove code 64628 as that code is now addressed in CAM 394. |
| CAM 70180 | Hip Resurfacing | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 166 | General Genetic Testing, Germline Disorders | Moving review date to 01/01/2025. |
| CAM 167 | General Genetic Testing, Somatic Disorders | Moving annual review to January 2025. |
| CAM 236 | Therapeutic Drug Monitoring for 5- Fluorouracil | Moving annual review to January 2025. |
| CAM 276 | Genetic Testing for Inherited Cardiomyopathies and Channelopathies | Moving annual review to January 2025. |
| CAM 293 | Pancreatic Cancer Risk Testing Using Pancreatic Cyst Fluid | Moving annual review to January 2025. |
| CAM 134 | Diagnostic Testing of Influenza | Annual review, no change to policy intent. Updating table of terminology, rationale, references and reorganizing coding. |
| CAM 176 | Telehealth | Annual review, no change to policy intent. |
| CAM 193 | Biomarkers for Myocardial Infarction and Chronic Heart Failure | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 200 | Folate Testing | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 317 | In Vitro Chemoresistance and Chemosensitivity Assays | Annual review, no change to policy intent. Updating rationale, references and coding. |

| CAM 319 | Nerve Fiber Density Testing | Annual review, no change to policy intent. Updating |
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| | | rationale and references. |
| CAM 316 | Fecal Analysis in the Diagnosis of Intestinal Dysbiosis and Fecal Microbiota Transplant | Annual review, no change to policy intent, but, policy verbiage edited for clarity and consistency. Also |
| | Testing | updating rationale and references. |
| CAM 321 | Epithelial Cell Cytology in Breast Cancer | Ductal Lavage and Suction Collection Systems) |
| | Risk Assessment and High-Risk Patient Management | (Annual review, no change to policy intent. Updating rationale and references. |
| CAM 701136 | Radiofrequency Ablation of the Renal Sympathetic Nerves as a Treatment for | Annual review, title, description, background, rationale, references and regulatory status updated. |
| | Uncontrolled Hypertension | Policy continues to maintain a not medically |
| | | necessary position, but, has had resistant hypertension removed and addresses uncontrolled |
| | | hypertension. |
| CAM 218 | Pharmacogenetic Testing | Updated coding section. Added new codes 0476U, |
| | | 0477U and 0516U to be effective 10/01/2024. No other changes made. |
| CAM 017 | Contraceptive Management | Annual review, no change to policy intent. |
| CAM 045 | Suit Therapy | Annual review, no change to policy intent. |
| CAM 015 | Influenza Vaccine | Updating coding verbiage for 90656. |
| CAM 358 | Prenatal Screening (Genetic) | Updated CPT coding. Added codes 0488U, 0489U and |
| | | 0494U (effective 10/01/2024). No change in policy intent. |
| CAM 071 | Concurrent Care | Annual review, no change to policy intent. |
| CAM 192 | Serum Testing for Evidence of Mild | Annual review, no change to policy intent. Updating |
| | Traumatic Brain Injury | table of terminology, rationale and references. |
| CAM 198 | Pancreatic Enzyme Testing for Acute | Annual review, policy being updated for clarity and |
| | Pancreatitis | consistency. Criteria #6 addresses all issues not covered din the first 5 criteria as being not medically |
| | | necessary. Also updating Note 1, rationale and |
| | | references, and table of terminology. |
| CAM 20135 | Paraspinal Surface Electromyography to | Annual review, no change to policy intent. |
| | Evaluate and Monitor Back Pain | |
| CAM 206 | Urine Culture Testing for Bacteria | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 303 | Identification of Microorganisms Using | Annual review, updating policy, coverage for M. |
| | Nucleic Acid Probes | genitalium has been moved to another policy. Coverage for Herpes virus 6 has been changed to not |
| | | medically necessary. Also updating table of |
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| | | terminology, rationale and references. 87563 removed. |
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| CAM 308 | Testing for Alpha-1 Antitrypsin Deficiency | Annual review, updating policy to include "one in a lifetime" statement, providing examples of unexplained liver disease, coverage of neonatal cholestasis. Also updating table of terminology, rationale and references. |
| CAM 315 | Celiac Disease Testing | Annual review, no change to policy intent. Updating table of terminology, rationale and references. |
| CAM 316 | Fecal Analysis in the Diagnosis of Intestinal Dysbiosis and Fecal Microbiota Transplant Testing | Annual review, no change to policy intent, but, policy verbiage edited for clarity and consistency. Also updating rationale and references. |
| CAM 323 | Immunopharmacologic Monitoring of Therapeutic Serum Antibodies | Annual review, policy for clarity and consistency. Updating rationale and references. |
| CAM 324 | Biomarker Testing for Multiple Sclerosis and Related Neurologic Diseases | Annual review, no change to policy intent. Updating table of terminology, rationale and references. |
| CAM 328 | Bone Turnover Markers Testing | Annual review, no change to policy intent. Updating rationale and references. |
| CAM 330 | Metabolite Markers of Thiopurines Testing | Annual review, no change to policy intent. Updating rationale, references and coding. |
| CAM 335 | Biochemical Markers of Alzheimer Disease and Dementia | Annual review, updating policy to include a positive position statement for testing CSF in individuals with Alzheimer disease or mild cognitive impairments. Also updating table of terminology, rationale and references. |
| CAM 701104 | Subtalar Arthroereisis and Subtalar Joint Implant | Annual review, no change to policy intent. |
| CAM 701163 | Absorbable Nasal Implant for Treatment of Nasal Valve Collapse | Annual review, no change to policy intent. |
| CAM 90313 | Retinal Telescreening for Diabetic Retinopathy | Annual review, no change to policy intent. Updating rationale and references #11 and #19. |
| CAM 90322 | Endothelial Keratoplasty | Annual review, no change to policy intent. Updating rationale and references. |